

## Riverside Runners : Handicap Results 2016

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Sep	Oct	Nov	Dec	Mean	Slowest	Fastest
Adrian Smith	38:34	38:01		37:00		36:59			38:58			37:54	38:58	36:59
Andy Weaver	29:29	28:34						28:02	28:02			28:32	29:29	28:02
Annabel Thompson	36:59	36:46	37:41									37:09	37:41	36:46
Ben Goddard	32:46	31:15	30:35	30:40		30:05	29:45	29:41	29:21	28:58	29:23	30:15	32:46	28:58
Bob Thompson		47:14										47:14	47:14	47:14
Caroline Brooks	29:24											29:24	29:24	29:24
Catherine Hemingway	33:29	33:00	33:37	33:47		33:04	36:31	33:55	36:13	34:56	33:02	34:09	36:31	33:00
Catherine Stewart				44:13								44:13	44:13	44:13
Chris Windebank			41:00		41:39	40:44						41:08	41:39	40:44
Clare Jenkins		33:07	32:54									33:01	33:07	32:54
Darren Skeggs											35:38	35:38	35:38	35:38
Darren Woodward	43:22	39:19	37:35	36:35	34:57	34:59	35:50	32:24	33:21	31:52		36:01	43:22	31:52
Dawn Parr		34:39	33:20									34:00	34:39	33:20
Dianne Hufford			41:09			40:16	40:36	40:54	40:31		41:50	40:53	41:50	40:16
Ellen Lovatt						35:13						35:13	35:13	35:13
Eve Casbard				31:21								31:21	31:21	31:21
Ewan Wilkinson	33:52	33:38	33:10	33:46		32:52		34:19				33:36	34:19	32:52
Gary Barnes	30:20	30:36		30:24	32:24	30:17	32:15		31:04	31:01	30:26	30:59	32:24	30:17
Hannah Sims					39:36							39:36	39:36	39:36
Heather Pateman											50:20	50:20	50:20	50:20
Helen Munday	43:17				43:46	42:57	45:47		44:16	44:31	48:20	44:42	48:20	42:57
Ian Mulcahy		38:05		35:27				33:59	33:40	33:52	33:41	34:47	38:05	33:40
Jackie Mulcahy	47:28	44:06	43:55	43:19				42:34	43:54	46:00	47:23	44:50	47:28	42:34
James Bolm		32:30		31:30			32:34					32:11	32:34	31:30
James Wood	31:59			30:03							29:24	30:29	31:59	29:24
Jeff Bishop	40:02										37:58	39:00	40:02	37:58
Jeremy Hill				32:10								32:10	32:10	32:10
Jim Robertson		33:07	32:34	32:45					36:01			33:37	36:01	32:34
Joanne Carrington	36:34	35:29	35:19	34:40	35:16	36:27	35:55	34:05			34:38	35:23	36:34	34:05
Joe Francombe								30:12				30:12	30:12	30:12
John Willcock	45:53	44:47	46:32	47:15			48:54	54:10				47:55	54:10	44:47
Karen Childerley	37:05	36:13	36:29	35:07	35:15	34:48		34:53	35:11	36:11	36:41	35:47	37:05	34:48
Karen Smith	45:44	44:08	44:29									44:47	45:44	44:08
Keith Ritchie	35:02									36:23		35:43	36:23	35:02
Kerry Ashcroft		37:30	37:35									37:33	37:35	37:30
Kevin Hickling	29:22	28:29	28:06					28:18				28:34	29:22	28:06
Kevin Steel									31:27			31:27	31:27	31:27
Kristina Brown	38:02			38:49								38:25	38:49	38:02
Lee Radley		34:18			33:06	32:16	33:32		32:07	31:56	32:08	32:46	34:18	31:56
Lesley Parker											44:26	44:26	44:26	44:26
Lucy Boothby	40:09	41:06										40:38	41:06	40:09
Maria G-V											51:38	51:38	51:38	51:38
Michael Rayner				29:49				28:33				29:11	29:49	28:33
Mick Entwistle										34:40	33:51	34:15	34:40	33:51
Mick Reading	43:32	42:41	42:35	40:40	41:13							42:08	43:32	40:40
Mike Kendall		28:43	27:49		27:28						27:34	27:53	28:43	27:28
Natalie Fairbairn	35:40	34:42		34:23	34:24	34:22		34:37	35:15	36:58	35:02	35:03	36:58	34:22
Nicki Joyce	36:23					36:00	35:27					35:57	36:23	35:27
Norma Leckie	44:09	44:29		43:18	45:18		42:47	42:29	43:17			43:41	45:18	42:29
Pat Ellerbeck						32:47					33:04	32:55	33:04	32:47
Patricia Falak											44:41	44:41	44:41	44:41
Paul Ruddlesdin								37:09				37:09	37:09	37:09
Peter Dowling											40:32	40:32	40:32	40:32
Rob Moir	30:05			28:18								29:12	30:05	28:18
Ruth Chamberlain	34:25	33:40	33:20		33:29	33:47	33:22	34:14		34:33	34:17	33:54	34:33	33:20
Ruth Hawley											45:07	45:07	45:07	45:07
Simon Boothby	30:20					30:17						30:19	30:20	30:17
Steve Bunker	41:25					36:02						38:44	41:25	36:02
Steve Deacon	43:17	42:14	43:18	41:24	41:47	41:37	44:05	42:35	43:48	44:33	46:16	43:10	46:16	41:24
Tina Codling		36:03	36:08	34:52								35:41	36:08	34:52
Trevor Hufford		32:29	31:31		31:52	31:48	33:12	31:04	31:35		33:43	32:09	33:43	31:04
Vicki Mills						45:35	45:20					45:28	45:35	45:20
Vince Hainsby				36:59		38:13	36:38				36:56	37:12	38:13	36:38
Air Temp 19.00hrs	10.1	4.8	5.9	4.1	15.9	16.4	19.6	14.9	8.9	1.8	5.7	9.8	19.6	1.8
<b>Total Runners</b>	<b>30</b>	<b>31</b>	<b>23</b>	<b>26</b>	<b>15</b>	<b>23</b>	<b>17</b>	<b>20</b>	<b>18</b>	<b>14</b>	<b>27</b>	<b>244</b>	<b>1387</b>	<b>1631</b>

## Riverside Runners : Handicap Results 2015

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Sep	Oct	Nov	Dec	Mean	Slowes	Fastest
Adam Brown						36:26	35:15	35:41				35:47	36:26	35:15
Adrian Smith	36:53	38:09	36:11		38:19	38:27		37:10	37:15		42:25	38:06	42:25	36:11
Allison Farrer		39:37		37:37								38:37	39:37	37:37
Annabel Thompson	40:53	38:22	37:46	37:36	37:59	38:09	37:26	36:12	36:07	36:40		37:43	40:53	36:07
Barbara Reading		46:05	44:50	43:20	42:13	42:53	41:27	44:02	43:10	43:11	44:34	43:35	46:05	41:27
Bob Thompson	48:33	47:53			45:52	45:12	45:23	45:44	47:01	47:00	46:36	46:35	48:33	45:12
Catherine Hemingway	38:04	36:25	36:17	34:23	35:53		35:39	34:18				35:51	38:04	34:18
Chris Windebank	41:20	41:07		41:46	39:33		40:53	40:16				40:49	41:46	39:33
Clare Jenkins					33:50							33:50	33:50	33:50
Danielle Hainsby		36:23		35:01								35:42	36:23	35:01
Darren Skeggs									36:51			36:51	36:51	36:51
Darren Taylor						30:27	29:41	29:26				29:51	30:27	29:26
Darren Woodward										44:54	43:02	43:58	44:54	43:02
Dave Sellick	39:53		41:08		39:06	38:33	37:38		40:06		39:51	39:28	41:08	37:38
Donna Habicht			39:27	38:13	37:27	36:20	36:03		35:22			37:09	39:27	35:22
Emma Evans					33:44	34:36						34:10	34:36	33:44
Ewan Wilkinson					36:53							36:53	36:53	36:53
Gary Barnes		38:29	37:47	37:38	31:53	30:59	32:36	31:24		30:54	30:00	33:31	38:29	30:00
Gary Evans	30:39	30:18										30:28	30:39	30:18
Hannah Sims									38:22			38:22	38:22	38:22
Helen Munday		44:54			44:13		49:15			43:46	42:25	44:55	49:15	42:25
Ian Moran									29:42			29:42	29:42	29:42
Ian Mulcahy	37:12	37:50	33:22		33:39	33:30						35:07	37:50	33:22
Jackie Mulcahy	42:10		40:40		43:03	43:38			44:47			42:52	44:47	40:40
James Bolm									33:13	31:57		32:35	33:13	31:57
Jeff Bishop					42:16	41:22		42:04			39:17	41:15	42:16	39:17
Jo Snooks	40:14	39:01	38:44	37:49	38:37	40:56						39:14	40:56	37:49
Joe Francombe	29:09	28:40	29:16	28:01	28:38	28:45	27:33					28:35	29:16	27:33
John Newark	35:43								36:26			36:04	36:26	35:43
John Willcock											47:01	47:01	47:01	47:01
Karen Childerley		39:08	36:42	36:42	36:32	37:48		36:30	37:42	38:38		37:28	39:08	36:30
Karen Roper	37:53	37:42	37:00	36:35	36:52							37:12	37:53	36:35
Karen Smith	43:14	44:40	43:23	46:01	46:35	44:36		43:38	43:11	48:16		44:50	48:16	43:11
Keith Ritchie									33:44			33:44	33:44	33:44
Kirsty Middleton			48:37		48:03	46:07						47:36	48:37	46:07
Kristina Brown	40:25	38:28	37:36	37:00	36:56	36:32	36:37		38:15	37:41	36:41	37:37	40:25	36:32
Kurt Sanders	27:53	26:30										27:12	27:53	26:30
Lee Radley		35:42										35:42	35:42	35:42
Lilly Taylor		40:32	40:03									40:17	40:32	40:03
Lucy Boothby	42:47	41:05										41:56	42:47	41:05
Lucy Hurley	32:53			31:23	30:49	30:22						31:22	32:53	30:22
Maisie Pritchard				29:31								29:31	29:31	29:31
Matt Sellick		28:27	27:11				27:21	28:04				27:46	28:27	27:11
Michael Taylor	26:31											26:31	26:31	26:31
Michelle Pike		43:52										43:52	43:52	43:52
Mick Reading			39:54	38:35	39:13	39:59	40:56	43:19				40:19	43:19	38:35
Mike Kendall								30:27			29:11	29:49	30:27	29:11
Natalie Fairbairn									37:28	37:23		37:26	37:28	37:23
Neil Camfield	34:40											34:40	34:40	34:40
Neil Shorten					28:32							28:32	28:32	28:32
Nicki Joyce									39:19			39:19	39:19	39:19
Nicola Heron					31:59							31:59	31:59	31:59
Owen Hurley				33:42								33:42	33:42	33:42
Patrick Ellerbeck	32:00	32:19			30:09			31:59	30:42		35:26	32:06	35:26	30:09
Pauline Eastoe		45:10	43:11	42:38	42:54		44:25	44:33	44:05			43:51	45:10	42:38
Paul Ridley							26:46			27:46		27:16	27:46	26:46
Rob Moir	30:55						29:23	29:47				30:02	30:55	29:23
Ruth Chamberlain				35:29		35:52	36:23			34:34		35:35	36:23	34:34
Sam Windebank	31:26	31:14		30:00	30:33							30:48	31:26	30:00
Sarah Friel	35:34	34:33							33:40			34:36	35:34	33:40
Sharon Evans	36:35	37:43		35:56	36:10	36:16						36:32	37:43	35:56
Simon Boothby		31:54			30:25							31:09	31:54	30:25
Steve Bunker					36:48	37:31			37:20			37:13	37:31	36:48
Steve Deacon								51:18	47:58	44:44	42:53	46:43	51:18	42:53
Tom Hemingway	28:06		28:20			27:38	27:28					27:53	28:20	27:28
Vicky Evans	44:21	43:12	42:19	41:16	42:48		42:40		42:43			42:46	44:21	41:16
Victoria Whitley						38:52		36:21				37:37	38:52	36:21
Vince Hainsby	36:16	35:46				37:22						36:28	37:22	35:46
Mean Times	36:30	37:51	38:10	36:40	37:25	37:25	36:17	37:43	38:31	39:06	39:57	36:23	51:18	26:30
Air Temp 19.00hrs	5.3	3.9	7.1	11.1	11.3	21.1	15.8	12.8	9.8	10.8	8.2	10.7	21.1	3.9
<b>Total Runners</b>	<b>28</b>	<b>32</b>	<b>22</b>	<b>24</b>	<b>33</b>	<b>27</b>	<b>21</b>	<b>20</b>	<b>24</b>	<b>14</b>	<b>13</b>			<b>258</b>

## Riverside Runners : Handicap Results 2014

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Sep	Oct	Nov	Dec	Mean	Slowes	Fastest
Adrian Smith	35:24	35:58	37:25		36:09	35:07		35:35	35:16	35:41	37:13	35:59	37:25	35:07
Annabel Thompson	40:39	41:01			44:39						42:50	42:17	44:39	40:39
Bob Thompson					50:58	48:25	50:48	48:08		48:26	50:53	49:36	50:58	48:08
Carl Albone											30:36	30:36	30:36	30:36
Catherine Hemingway	35:42	35:02	34:54	34:32	34:56	35:15	36:43	34:06	36:00	35:46		35:18	36:43	34:06
Chris Windebank											44:05	44:05	44:05	44:05
Dawn Parr							33:16					33:16	33:16	33:16
David Irwin			31:50	31:42				32:06	32:36		31:43	31:59	32:36	31:42
Dennis Martin	29:32											29:32	29:32	29:32
Donna Habicht		37:12	37:50		37:13							37:25	37:50	37:12
Emma Evans	31:21	31:16		31:16	32:18	32:22						31:43	32:22	31:16
Ewan Wilkinson	35:27	34:34		33:17		34:44		33:19		34:05		34:14	35:27	33:17
Gary Barnes	31:22	30:39	29:43	29:28	30:09	29:36	32:06	29:45	30:08	31:20	30:09	30:24	32:06	29:28
Gary Evans								31:20	30:49	30:43	31:43	31:09	31:43	30:43
Helen Munday		44:29										44:29	44:29	44:29
Ian Mulcahy						33:39			33:46			33:42	33:46	33:39
Jackie Mulcahy									43:11			43:11	43:11	43:11
Jo Bradley-Young							44:17	40:51				42:34	44:17	40:51
Jo Owen	36:59	36:32	34:54									36:08	36:59	34:54
Joe Francombe		30:42	30:40		30:41	30:09		29:24				30:19	30:42	29:24
John Willcock	41:52	41:59	41:31	40:12	42:04	41:40	42:16	42:47	43:19	41:56		41:58	43:19	40:12
Karen Roper	40:36	39:38	39:06		39:10	39:09		38:29	37:22	37:14	36:25	38:34	40:36	36:25
Karen Smith	45:01	45:44	44:51	43:46	43:53	43:20		45:05	43:34	43:36	43:12	44:12	45:44	43:12
Keith Coots	36:28			34:25		35:05	34:50		33:49			34:55	36:28	33:49
Kevin Hickling									28:32			28:32	28:32	28:32
Kirsty Middleton	35:04	35:30	36:27	35:19	37:27	37:55					44:31	37:28	44:31	35:04
Kurt Sanders	26:37		26:49	25:58	26:47							26:33	26:49	25:58
Lesley Carroll	38:19	38:37		37:42	39:32	38:22						38:30	39:32	37:42
Liz Chamberlain			42:37	41:35		43:46	43:40	38:47				42:05	43:46	38:47
Lucy Boothby			41:14	39:30							41:31	40:45	41:31	39:30
Lucy Hurley	31:57											31:57	31:57	31:57
Mark Forster		33:42	34:14	34:04	35:05							34:16	35:05	33:42
Matt Sellick							29:31					29:31	29:31	29:31
Michaela Ridley		39:44	38:47					38:52				39:08	39:44	38:47
Mick Reading	42:40	41:15	39:57	38:53	40:07			40:37	39:52	40:04	40:08	40:24	42:40	38:53
Netta Tyler		37:21										37:21	37:21	37:21
Nicki Cartwright		39:33										39:33	39:33	39:33
Niki Serjeant	40:06			39:01								39:33	40:06	39:01
Norma Leckie	41:35		41:03									41:19	41:35	41:03
Owen Hurley	36:20											36:20	36:20	36:20
Patrick Ellerbeck											32:53	32:53	32:53	32:53
Paul Newell		32:15										32:15	32:15	32:15
Paul Ridley	27:58	27:51	27:07	26:41	28:01	27:11	27:13	27:40				27:28	28:01	26:41
Paul Veitch	25:40	26:40	26:58	26:23			27:07					26:34	27:07	25:40
Pauline Eastoe	44:43			43:40	44:17	43:37	43:07	43:52	43:43	43:12		43:46	44:43	43:07
Piers Serjeant	29:45	29:36		28:53								29:25	29:45	28:53
Rob Moir	30:53	30:27		30:10	31:41		30:14			29:19	28:09	30:08	31:41	28:09
Sam Windebank			33:18		32:27			31:19	31:02	30:58		31:49	33:18	30:58
Selcan Rowles	41:46											41:46	41:46	41:46
Sharon Evans	36:23	35:48		35:51	36:00	35:29		36:37	37:46	36:35	37:29	36:26	37:46	35:29
Steve Bunker											38:05	38:05	38:05	38:05
Stuart Aldous				34:45	33:28	33:39		32:07				33:30	34:45	32:07
Tom Hemingway		29:20					27:42				30:18	29:07	30:18	27:42
Vince Hainsby		36:51	35:26	36:40			35:16	35:55				36:02	36:51	35:16
Will Forster	28:56	28:26	28:03	28:56	28:24	28:43						28:35	28:56	28:03
Mean Times	35:41	35:26	35:25	34:30	36:19	36:22	35:52	36:31	36:18	37:04	37:20	35:48	50:58	25:40
Air Temp 19.00hrs	3.8	9.5	15.3	15.9	23.7	21.3	21.2	17.2	13.9	1.9	-0.2	13.0	23.7	-0.2
<b>Total Runners</b>	<b>28</b>	<b>29</b>	<b>23</b>	<b>25</b>	<b>23</b>	<b>20</b>	<b>15</b>	<b>21</b>	<b>16</b>	<b>14</b>	<b>18</b>			232

## Riverside Runners : Handicap Results 2013

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Mean	Slowest	Fastest
Barbara Reading	45:50											45:50	45:50	45:50
Chris Ward	31:53	31:12	34:59	33:04	30:40	30:38			30:29			31:51	34:59	30:29
Chris Wright		26:12		25:52					25:19			25:48	26:12	25:19
Dave Sellick	42:52						40:37					41:45	42:52	40:37
David Irwin	33:52		32:02	31:30	33:31			32:27	32:04			32:34	33:52	31:30
Dawn Parr									37:55	37:25		37:40	37:55	37:25
Emma Evans	34:21	32:50		33:26	33:40	35:11	35:16		33:56	34:02	32:14	33:53	35:16	32:14
Ian Knibbs		32:58										32:58	32:58	32:58
Jo Owen		37:58										37:58	37:58	37:58
Joe Francombe					31:29		31:39		29:17			30:48	31:39	29:17
John Willcock	39:51		40:44		39:10	38:28		39:44				39:35	40:44	38:28
Julie Fusco	45:24											45:24	45:24	45:24
Keith Coots		34:49		34:22								34:36	34:49	34:22
Kirsty Middleton				43:14	41:24	42:35		46:19	39:03	42:13	38:30	41:54	46:19	38:30
Lesley Carroll	40:11	38:53	40:02									39:42	40:11	38:53
Lucy Boothby				36:15				38:31				37:23	38:31	36:15
Lynne Pearson	45:28											45:28	45:28	45:28
Mark Forster									34:38	34:09	33:33	34:07	34:38	33:33
Michaela Ridley	38:45	37:22	37:30	36:55	36:20	37:26	40:24	39:20	37:38	39:55		38:10	40:24	36:20
Mick Reading	41:29	40:42		41:24	39:28	39:18	40:18	40:37		41:17	39:32	40:27	41:29	39:18
Niki Serjeant		39:47	42:27	38:56	38:59	39:27	41:59		40:50			40:21	42:27	38:56
Norma Leckie						37:28						37:28	37:28	37:28
Pags Claudianos		37:02								33:24		35:13	37:02	33:24
Paul Newell	34:27	33:07	33:17	32:07	32:30	31:40	31:12	30:53	31:22	31:40	32:34	32:15	34:27	30:53
Paul Ridley	28:20	27:57	27:54	26:56	27:37	27:56	28:32	27:39	27:30	28:00	29:27	27:59	29:27	26:56
Pauline Eastoe		44:37	44:44	42:50	42:34	42:31			44:00	43:46		43:35	44:44	42:31
Peter McKay		32:35										32:35	32:35	32:35
Piers Serjeant		28:53	30:26	28:47	29:13	29:30	29:57	28:46	28:49	29:23	29:53	29:22	30:26	28:46
Russell Scrivener					37:14							37:14	37:14	37:14
Selcan Secen							47:11			43:43		45:27	47:11	43:43
Sharon Evans	37:46		37:42	36:31	35:34	35:21	37:51		36:35	36:45		36:46	37:51	35:21
Steve Bunker		38:00										38:00	38:00	38:00
Tom Hemingway	29:33	26:40					30:43					28:59	30:43	26:40
Vince Hainsby	36:45	34:39	35:21	35:40								35:36	36:45	34:39
Will Forster									29:49	29:20	28:47	29:19	29:49	28:47
Mean Times	37:55	34:32	36:26	34:52	35:18	35:58	36:18	36:02	33:42	36:04	33:04	36:31	47:11	25:19
Air Temp 19.00hrs	5.2	3.7	0.7	14.1	16.7	18.3	30.8	22.5	16.2	9.1	7.1	13.1	30.8	0.7
<b>Total Runners</b>	<b>16</b>	<b>19</b>	<b>12</b>	<b>16</b>	<b>15</b>	<b>13</b>	<b>12</b>	<b>9</b>	<b>16</b>	<b>14</b>	<b>8</b>	<b>13</b>		150

## Riverside Runners : Handicap Results 2012

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Sep	Oct	Nov	Dec	Mean	Slowes	Fastest
Allison Farrer	38:40	38:39	38:42		39:36		38:28					38:49	39:36	38:28
Barbara Reading	43:39	43:53	40:55				45:32	41:47	41:43	42:46	43:47	43:00	45:32	40:55
Bill Cave			38:18	37:20	37:36	36:27						37:25	38:18	36:27
Chris Ward				33:37	34:38	31:49				32:18		33:06	34:38	31:49
Chris Wright									28:13	28:15		28:14	28:15	28:13
Dave Sellick		41:21	39:11	39:58	40:39				39:33	40:20		40:10	41:21	39:11
David Irwin		31:58	32:14	31:44		32:12			32:15			32:05	32:15	31:44
Denise Hill	46:47			52:25								49:36	52:25	46:47
Donna Habicht		39:01	37:17	37:53	38:54		36:10	36:32	36:22	34:57	36:11	37:02	39:01	34:57
Emma Evans				36:56	36:32	36:30	35:46	35:03		34:05		35:49	36:56	34:05
Emma Prew	46:17	45:28	45:20	44:52	46:09	48:27						46:06	48:27	44:52
Heather Cardwell		45:58	42:11	42:33	44:28	41:58	43:26	42:51		43:59	42:40	43:20	45:58	41:58
Ian Knibbs			33:45	33:18								33:31	33:45	33:18
John Willcock			42:32	41:22		40:50	39:39	42:21	39:08	39:37	39:57	40:41	42:32	39:08
Jon Clarke	38:44					43:34	41:43					41:20	43:34	38:44
Karen Childerley		36:34	35:15	37:10				36:17				36:19	37:10	35:15
Karen Roper	37:58	38:53	37:51	38:02	39:10	40:25	39:37	38:29	38:12	37:51	38:04	38:36	40:25	37:51
Keith Coots	36:52	36:40		36:01		36:05	33:58		33:34			35:32	36:52	33:34
Kurt Sanders	29:47	30:19		28:38	26:36		27:36					28:35	30:19	26:36
Lesley Carroll		38:53	37:05									37:59	38:53	37:05
Lucy Taylor		32:50										32:50	32:50	32:50
Lucy C Taylor		44:59										44:59	44:59	44:59
Mark Forster				34:27		34:08						34:17	34:27	34:08
Matt Sellick		31:39		30:14			28:58		29:01			29:58	31:39	28:58
Michaela Ridley	36:40	37:24	37:02	35:40						37:06		36:46	37:24	35:40
Mick Entwistle	33:52											33:52	33:52	33:52
Mick Reading	44:25	41:19	38:53	38:49	40:03	40:22	38:27	38:18	37:27	38:00	37:50	39:27	44:25	37:27
Mike Brinkley		29:44	29:32	30:22								29:53	30:22	29:32
Netta Tyler	35:25											35:25	35:25	35:25
Nick Rumbelow				33:24	32:17	31:14						32:18	33:24	31:14
Niki Serjeant									40:46	40:05	41:20	40:44	41:20	40:05
Norma Leckie								38:54				38:54	38:54	38:54
Paul Newell					34:03	32:32			33:28			33:21	34:03	32:32
Paul Ridley	27:21	28:19	27:14	27:05	28:10	29:04	29:21	27:17	27:16	27:32	28:01	27:53	29:21	27:05
Pauline Eastoe	42:10							42:23				42:16	42:23	42:10
Peter McKay				32:19	31:59	33:06	30:09					31:53	33:06	30:09
Piers Serjeant									29:23	29:55	29:25	29:34	29:55	29:23
Sam Bathgate	35:45	36:26		36:38	37:04							36:28	37:04	35:45
Sam Windebank	30:48										32:03	31:25	32:03	30:48
Selcan Secen		41:05			46:36	42:36	40:30	39:38		43:02		42:15	46:36	39:38
Sharon Evans						37:17	37:08	38:38	37:56	37:53		37:46	38:38	37:08
Simon Boothby				29:56	29:03	31:53	30:56					30:27	31:53	29:03
Steve Bunker						40:05				37:00		38:33	40:05	37:00
Tom Hemingway	27:01	26:54	26:51	28:12	29:02		26:41	27:06		27:19		27:23	29:02	26:41
Vince Hainsby				35:55	36:56	35:48	33:54	34:11	33:47	33:58	34:06	34:49	36:56	33:47
Mean Times	37:11	37:12	36:40	35:44	36:29	36:58	35:41	37:19	34:53	36:06	36:40	36:14	52:25	26:36
Air Temp 19.00hrs	2.5	10.1	15.6	15.4	25.0	18.6	15.6	12.9	7.8	8.0	5.8	12.5	25.0	2.5
<b>Total Runners</b>	<b>17</b>	<b>22</b>	<b>18</b>	<b>27</b>	<b>20</b>	<b>21</b>	<b>19</b>	<b>15</b>	<b>16</b>	<b>19</b>	<b>11</b>	<b>19</b>		<b>205</b>

## Riverside Runners : Handicap Results 2011

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Mean	Slowest	Fastest
Alison Cooper	32:23								31:38				32:00	32:23	31:38
Allison Farrer	37:29					39:12	37:43		38:24	38:21	37:13		38:04	39:12	37:13
Annabel Thompson							41:20					39:22	40:21	41:20	39:22
Andy Anderson	36:25		32:54	33:28		36:43	34:10	38:06	33:35				35:03	38:06	32:54
Barbara Reading	42:02		41:31	41:34	46:39	42:36	41:09	40:25	40:10	40:55	40:46	40:11	41:38	46:39	40:10
Becky Hull		42:07	41:37										41:52	42:07	41:37
Chris Patchett		31:13	29:18										30:15	31:13	29:18
Chris Picton			39:08		36:53	37:39	36:19	33:58	33:54	33:42	37:35		36:08	39:08	33:42
Darren Cantell	29:26												29:26	29:26	29:26
Dave Sellick	39:28	39:19	38:29			40:59	39:38	40:13	38:27	39:06		40:00	39:31	40:59	38:27
David Irwin	33:10	33:15	33:01	33:07				32:50	33:39				33:10	33:39	32:50
Dawn Parr	39:10		38:17				36:29						37:59	39:10	36:29
Diane Prout	34:03	34:32	32:49							35:18			34:11	35:18	32:49
Donna Habicht												39:51	39:51	39:51	39:51
Emma Prew										47:00	44:19		45:40	47:00	44:19
Frank Scutt		50:28	48:13	48:58			48:52						49:08	50:28	48:13
Gary Barnes	30:16		30:40										30:28	30:40	30:16
Gary Wale							33:42						33:42	33:42	33:42
Heather Cardwell										48:20	45:35		46:58	48:20	45:35
Ian Cameron											28:27		28:27	28:27	28:27
James Bolm	33:44	32:15											33:00	33:44	32:15
James Nixon			30:46										30:46	30:46	30:46
Jo Owen	36:12	36:30	34:14	34:25	33:40		39:00	34:48		36:29			35:40	39:00	33:40
John West				38:08									38:08	38:08	38:08
John Willcock	40:50	40:40	38:52	39:14									39:54	40:50	38:52
Jon Clarke	38:36								39:53	38:54			39:08	39:53	38:36
Julia Stead			DNF												
Karen Childerley	38:21		37:34							41:07	37:38		38:40	41:07	37:34
Karen Hosking				38:40									38:40	38:40	38:40
Karen Roper								40:01	39:23	38:20	38:53	39:35	39:14	40:01	38:20
Karl Hiner				28:35									28:35	28:35	28:35
Keith Pritchard							27:50						27:50	27:50	27:50
Kurt Sanders	30:37		29:41		27:56	29:28			26:56	29:45	29:40	29:57	29:15	30:37	26:56
Lesley Carroll	39:04	38:04	37:59		37:50			37:22		37:24	37:20		37:52	39:04	37:20
Liz Hiner	39:47	39:29	38:37	38:20	38:25								38:56	39:47	38:20
Lucy Boothby	36:21	37:40			35:20	40:10	36:02		35:59				36:55	40:10	35:20
Lucy Taylor	35:40			33:22	33:03								34:02	35:40	33:03
Mark Forster									32:12				32:12	32:12	32:12
Martyn Blackwell				26:05									26:05	26:05	26:05
Matt Nicholson										25:21			25:21	25:21	25:21
Michaela Ridley	37:07			37:06	37:07	DNF		36:40		37:15	37:00	36:40	36:59	37:15	36:40
Michelle Byatt	39:51												39:51	39:51	39:51
Mick Entwistle			35:26				32:44			33:38		33:19	33:47	35:26	32:44
Mick Reading	39:14		37:16	38:07	36:50	39:11	40:04		39:22	38:03	38:58	40:10	38:44	40:10	36:50
Mike Brinkley							28:38						28:38	28:38	28:38
Netta Tyler		35:35											35:35	35:35	35:35
Nick Scotcher							32:29						32:29	32:29	32:29
Nicola Jones			36:14	34:35									35:24	36:14	34:35
Nigel Owen	34:09	33:31		33:47	33:34	33:59	32:43	32:57					33:31	34:09	32:43
Norma Leckie		39:18			38:03		38:45			39:10	39:20		38:55	39:20	38:03
Pam Hemingway	40:55				41:41								41:18	41:41	40:55
Paul Elliot										39:30			39:30	39:30	39:30
Paul Meadows	32:20												32:20	32:20	32:20
Paul Ridley	28:17	28:10	26:50	26:44	26:40	28:43	26:36	26:42	27:01	27:23	28:04	28:04	27:26	28:43	26:36
Paul Veitch				25:50									25:50	25:50	25:50
Pauline Eastoe	43:16	42:06	41:18			42:41	41:31	40:46	40:20	40:26		41:23	41:32	43:16	40:20
Pete Blanchard		28:33											28:33	28:33	28:33
Phil Redden							29:19						29:19	29:19	29:19
Richard Furbank			36:29										36:29	36:29	36:29
Russell Scrivener								30:44					30:44	30:44	30:44
Ruth Stubbs										39:45			39:45	39:45	39:45
Sam Bathgate									36:42		36:17		36:30	36:42	36:17
Sam Windebank									30:07			30:47	30:27	30:47	30:07
Sarah Bates		45:22		47:59									46:41	47:59	45:22
Simon Bellwood	32:07												32:07	32:07	32:07
Simon Boothby	31:21		28:22		27:41	31:31	28:14				28:54		29:21	31:31	27:41
Steve Childerley							29:40		27:26				28:33	29:40	27:26
Tina Blackwell	35:33	35:28		34:39									35:13	35:33	34:39
Tom Hemingway	28:28	28:34		28:34	27:36	28:50	28:26	27:08	27:35	27:56		28:04	28:07	28:50	27:08
Tom Stead			DNF						27:38		27:59		27:49	27:59	27:38
Vince Hainsby			37:41										37:41	37:41	37:41
Mean Times	35:48	36:46	35:54	35:18	34:56	36:17	35:03	35:11	34:01	37:06	36:07	35:57	54:50	50:28	25:21
Air Temp 19.00hrs	-0.3	2.7	10.9	15.9	12.7	27.3		15.1	17.7	14.1	8.2	5.6	11.8	27.3	-0.3
Total Runners	32	21	26	21	16	13	24	14	20	23	17	13	20		240

## Riverside Runners : Handicap Results 2010

Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Mean	Slowest	Fastest
Alison Cooper		32:51											32:51	32:51	32:51
Allison Farrer	37:37				35:57	37:36	36:15	37:40	36:58		38:22		37:12	38:22	35:57
Andy Anderson	35:47		43:51	38:23	34:46								38:12	43:51	34:46
Annabel Thompson	43:19	42:09	40:56	41:02			42:42		41:37				41:58	43:19	40:56
Barbara Reading					49:13	50:12	43:46	44:13	44:26	44:46	45:26	42:27	45:34	50:12	42:27
Becky Hull	45:05	43:28	41:23	41:50									42:57	45:05	41:23
Caroline Freeman	43:06	44:28	41:23	DNF									42:59	44:28	41:23
Chris Picton							41:24						41:24	41:24	41:24
Darren Cantell									29:16	29:17	29:40		29:24	29:40	29:16
Dave Sellick					39:04	40:05	40:10	37:50	38:20	37:47	38:21	39:21	38:52	40:10	37:47
David Irwin		33:04						32:56			32:54		32:58	33:04	32:54
Dawn Parr						40:33	38:27	38:43	38:40		40:47	39:14	39:24	40:47	38:27
Diane Prout		34:40											34:40	34:40	34:40
Frank Scutt	47:16			45:57	45:39	45:51	44:19						45:48	47:16	44:19
Gary Wale												36:22	36:22	36:22	36:22
James Bolm	31:47		30:42	DNF		31:21	30:39						31:07	31:47	30:39
Jason Street	37:50												37:50	37:50	37:50
Jen Menton	45:41	46:27		45:28		48:29							46:31	48:29	45:28
Jo Owen												36:44	36:44	36:44	36:44
John Willcock	40:22	39:47	38:53	37:52	37:18		38:34	38:22	38:08	38:15	39:03	39:55	38:46	40:22	37:18
John Williams	43:31		43:46				42:07	42:28	42:14			43:52	43:00	43:52	42:07
Jon Clarke					36:19		37:25			41:34	39:14		38:38	41:34	36:19
Julia Stead	42:42				40:08	44:30				41:16			42:09	44:30	40:08
Karen Childerley	40:02			37:09		41:55				40:27	41:06		40:08	41:55	37:09
Karl Hiner	28:58				29:15		28:03					28:56	28:48	29:15	28:03
Keith Pritchard	28:28	28:19	28:09	26:58			26:56						27:46	28:28	26:56
Keith Ritchie	29:31	29:14	29:33	29:45			28:31		28:47	29:19		30:34	29:24	30:34	28:31
Kurt Sanders							29:04	31:03	29:21	29:37		31:50	30:11	31:50	29:04
Liz Hiner	37:06	39:17	38:32		37:28	39:00	40:23		38:39	38:28		38:45	38:38	40:23	37:06
Lucy Boothby	40:55	39:28				37:53	36:14		35:41	35:31	35:52	36:28	37:15	40:55	35:31
Lucy Taylor					33:17	34:25	33:28	32:14	32:30				33:11	34:25	32:14
Maggie Tanner								45:13	46:03	44:11			45:09	46:03	44:11
Malcolm Pritchard	29:45		28:00	26:53									28:13	29:45	26:53
Martyn Blackwell								26:03					26:03	26:03	26:03
Matt Gooderham	33:53	32:29	31:09										32:30	33:53	31:09
Michaela Ridley	38:31	40:02	DNF				38:14	36:48	37:40		37:54	37:35	38:06	40:02	36:48
Michelle Byatt	38:31	38:24	39:10		37:07		39:29	37:17	37:02	36:25	37:14		37:51	39:29	36:25
Mick Lawrence										28:55			28:55	28:55	28:55
Mick Reading			39:02		37:30	38:29	37:17	37:03	37:09	37:42	37:50		37:45	39:02	37:03
Naomi Goldsmith	32:20							31:35					31:58	32:20	31:35
Netta Tyler	37:05	36:21	35:18			35:33		33:44	35:28				35:35	37:05	33:44
Nick Scotcher			35:30	32:34	31:09			30:50					32:31	35:30	30:50
Nigel Owen								34:41				34:44	34:43	34:44	34:41
Norma Leckie	41:09	39:09	36:48		35:47	40:34	36:14	35:45	36:43	37:54	38:22	38:50	37:56	41:09	35:45
Ollie McGlashan		28:06											28:06	28:06	28:06
Pam Hemingway	41:36	39:20								40:32	40:49		40:34	41:36	39:20
Paul Meadows		32:44	31:50	31:22			31:38				33:37		32:14	33:37	31:22
Paul Milson			30:25	29:50									30:07	30:25	29:50
Paul Ridley	28:29	27:56	26:49	26:37		26:59	26:32	26:12	26:50	27:12	28:10	27:24	27:12	28:29	26:12
Paul Veitch			26:24			25:59	26:11			25:55		27:55	26:29	27:55	25:55
Pauline Eastoe	40:43		40:03	40:20		39:58							40:16	40:43	39:58
Phil Redden		29:38		27:15									28:26	29:38	27:15
Richard Furbank							39:03			38:42			38:52	39:03	38:42
Rob Moir			31:09	30:14	30:29			30:42	30:42		30:31	30:01	30:33	31:09	30:01
Rob Parker		30:34	30:15			30:43	29:28			30:01	31:45		30:28	31:45	29:28
Rob Tyler								39:11	37:35				38:23	39:11	37:35
Ruth Chamberlain	31:37		30:56			35:13	32:54					34:12	32:58	35:13	30:56
Simon Bellwood		30:47		30:26			32:00	30:19					30:53	32:00	30:19
Simon Boothby	30:20			29:16		28:58	29:53		28:28	28:26	28:08	29:53	29:10	30:20	28:08
Simon Deacon	39:07												39:07	39:07	39:07
Steph Williams	37:45	36:46	36:30	35:58	36:00	36:18	35:20	35:08	35:16			38:02	36:18	38:02	35:08
Steve Childerley			28:54	28:16									28:35	28:54	28:16
Stuart Entwistle	32:44	32:08											32:26	32:44	32:08
Tina Blackwell	36:08	36:16	35:12	35:30				34:24		35:35			35:31	36:16	34:24
Tom Hemingway		30:33	28:52	31:32	28:20	29:30	DNF						29:45	31:32	28:20
Tom Stead										29:08			29:08	29:08	29:08
Vicky L Chapman	42:11		40:56										41:34	42:11	40:56
Vicky Thomas						34:59	31:51		31:46				32:52	34:59	31:46
Vince Hainsby												37:10	37:10	37:10	37:10
Mean Times													35:17	50:12	25:55
Air Temp 19.00hrs						26.7	20.3	17.1	14.1	4.6	-1.1	1.4	11.9	26.7	-1.1
<b>Total Runners</b>	<b>35</b>	<b>28</b>	<b>29</b>	<b>24</b>	<b>18</b>	<b>23</b>	<b>31</b>	<b>25</b>	<b>24</b>	<b>24</b>	<b>20</b>	<b>21</b>	<b>25.2</b>	302	