

Riverside Runners : Offord Cross Country Results

Seniors : 4.6 miles

Jan 2009		Dec 2009		2010		2011		2012		2013		2014	
Phil Redden	30.36	Alan Turnbull	31.20	Keith Pritchard	29:55	Tom Hemingway	30:01	Duncan Bush	32:51	Paul Ridley	34.15	Will Forster	34.03
Neil Stevenson	32:16	Jonnie Prouse	31.36	Paul Ridley	29:55	Keith Pritchard	30:11	Keith Pritchard	33:29	Piers Serjeant	36.24	Chris Ritchie	
Neil Adams	33.02	Karl Hiner	32.06	Darren White	29:55	Paul Ridley	31:00	Chris Wright	33:37	Simon Boothby	39.11	Michael Taylor	34.07
Karl Hiner	34:40	Rick Frolich	33.06	Matt Nicholson	30.32	Sam Windebank	33:11	Paul Ridley	34:13	Paul Newell	39.22	Matt Sellick	
Keith Ritchie	34.44	Paul Ridley	33.44	Alan Turnbull	30.53	Ruth Chamberlain	35:50	Matt Sellick	37:02	Gary Barnes	39.26	Paul Veitch	34.23
Paul Ridley	35.18	Neil Adams	34.11	Tom Hemingway	32.54	Emma Wallis	37:58	Piers Serjeant	37:12	Matt Sellick	40.33	Keith Pritchard	34.25
Rick Frolich	35.41	James Bolm	37.56	Sam Windebank	33.11	Phil Redden	38:00	Emma Evans	42:03	Will Forster	40.36	Sam Windebank	35.03
Malcolm Pritchard	36.45	Tom Hemingway	38.09	Gary ?	33.21	Nigel Owen	38:04	Sam Windebank	42:05	Emma Evans	40.37	Patrick Ellerbeck	35.28
David Irwin	38.30	Paul Veitch	38.41	Pete Bissell	33.29	Jo Owen	38:35	Gary Wale	44:04	Adrian Jarvis	41.34	Gary Evans	35.53
Mark Forster	39.37	Ruth Chamberlain	38.41	Nick Fulcher	34.30	Sam Bathgate	39:21	Karen Roper	47:22	Lucy Boothby	46.24	Gary Barnes	37.11
Kevin Hewitt	39.43	Phil Redden	39.24	Paul Milson	35.59	Vince Hainsby	39:37	John West	49:26	Maisie Pritchard	47.39	Paul Newall	37.53
Peter Dunning	41.34	Mark Forster	39.33	Ruth Chamberlain	36.49	Dawn Parr	39:51	John Wilcock	49:26	Catherine Hemingway	47.39	Simon Boothby	37.56
Nick McGlashan	42.58	Keith Ritchie	41.34	Dianne Prout	40.49	Chris Ritchie	41:07	Mick Reading	49:26	Karen Roper	47.56	Keith Ritchie	38.31
Richard Furbank	43.01	Jason Street	42.59	Lucy Boothby	40.58	Emma Ritchie	41:07	Dave Sellick	54:20	Liz Chamberlain	49.12	Keenan Hoskings	39.57
Michael Reading	45.14	Tina Blackwell	42.21	Andy Anderson	42.17	Keith Ritchie	41:07	Michaela Ridley	54:25	Phil Redden	49.13	Emma Evans	40.01
Michala Forster	47.04	Mike Entwistle	44.32	Liz Hiner	42.19	Lesley Carroll	41:30	Liz Hiner	54:29	Mick Reading	49.52	Adrian Smith	41.36
Liz Sandever	48.52	John Willcock	45.00	Lesley Carroll	42.23	Karen Hosking	41:34	Barbara Reading	54:49	John Willcock	49.52	Karen Roper	
Michaela Ridley	53.43	Mike Reading	45.00	Simon Boothby	42.25	Karen Roper	43:16	Simon Boothby	54:50	Pauline Eastoe	52.49	Sharon Evans	43.29
Steve Deacon	54.10	Liz Hiner	47.58	Dave Sellick	42.49	Donna Habicht	43:18	Keith Ritchie	55:47	Chris Forster	53.21	Steve Bunker	
Pam Hemingway	56.01	Helen Liddle	48.00	Michaela Ridley	42.52	Michaela Ridley	44:33	Michelle Ritchie	55:47	Kirsty Middleton	53.26	Dan Leahy	43.37
Sarah Bates	56.06	Michaela Ridley	51.51	Pam Hemingway	42.56	Liz Hiner	44:33	Lucy Boothby	55:47	Barbara Reading	58.22	Emma Richie	44.49
Karen Childerly	56.15	Michala Forster	51.51	Dawn Parr	43.29	Mike Reading	44:56	Kirsty Middleton	55:51	Pam Hemingway	58.22	Abi Bruce	44.52
Sheena Runham	56.15	Pam Hemingway	51.51	John Wilcock	43.38	Dave Sellick	44:56	Chris Forster	55:53	Maurice Hemingway	58.24	Lucy Boothby	45.57
Natalie Fairbairn	56.15	Norma Leckie	52.10	Helen Liddle	45.07	Iona Marks	45:39	Chris Ritchie	56:25			Michael Reading	46.29
Maurice Hemingway	56.16	Barbara Reading	54.44	Christine Bissell	45.08	Pauline Eastoe	46:44	Abby (Ritchie)	56:25			Mollie Childerley	47.29
		Maurice Hemingway	54.46	Maurice Hemingway	45.09	Maurice Hemingway	46:45	Maurice Hemingway	56:30			Alison Farrar	48.23
												Karen Childerley	48.26
												Catherine Hemingway	51.29
												Kirsty Middleton	51.31
												Annabel Thompson	51.32
												Barbara Reading	52.58
												Linda Boothby	53.18
Carla Humphrey	16.22	Tom Hemingway	16.21	Matt Nicholson	18.54	Matt Sellick	16:46	Gary Evans	20:12	Will Forster	16.38	Diane Prout	53.19
Tom Hemingway	17.15	Matt Sellick	19.27	Catherine Hemingway	19.38	Evan Hosking	18:03	Hayley Bartlett	20:52	Gary Evans	18.16	Pauline Eastoe	53.38
Katie Bates	18.39	William Forster	19.54	Chris Foster	19.56	Abi Parish	18:24	Evan Hosking	25:55	Abbey Foster	19.26	Pam Hemingway	53.49
Lauren Harding	18.58	Ewan Frolich	19.59	Ewan Frolich	20.34	Maisie Pritchard	18:44	(Evan ran 3.3m)		Steph Forster	22.19	Maurice Hemingway	53.54
William Forster	19.52	Katie Bates	20.09	Maisie Pritchard	22.00	Catherine Hemingway	18:47			Reece Foster	24.26		
Catherine Hemingway	19.54	Catherine Hemingway	20.14	Katie Ridley	22.31	Hayley Bartlett	20:31			Mollie Childerley	24.41		
Chris Forster	20.19	Chris Forster	22.03	Dan Ridley	24.25	Abbey Foster	20:42						
Alice Hurden	20.23	Sarah Bates	23.05	Callum Nicholson	27.05	Natham McCormack	21:20						
Ewan Frolich	22.34	Stephanie Forster	24.21			Chris Forster	22:17						
Grace King	22.39	Katie Ridley	25.17			Dan Ridley	24:40						
Steph Forster	23.06					Katie Ridley	24:46						
Katie Ridley	30.10					Callum Nicholson	29:16						
						Grace Pritchard	30:07						