

# Riverside Runners January Handicap

Name	Start Time	Finish Time	Race Time	Next Start Time	10 % Max	30 Secs Max
Frank Scutt	18:37:00	19:24:16	47:16	18:32:44	OK	Exceeded
Jen Menton	18:33:20	19:19:01	45:41	18:34:19	OK	OK
Becky Hull	18:32:20	19:17:25	45:05	18:34:55	OK	OK
John Williams	18:36:00	19:19:31	43:31	18:36:29	OK	OK
Annabel Thompson	18:31:20	19:14:39	43:19	18:36:41	OK	OK
Caroline Freeman	18:31:20	19:14:26	43:06	18:36:54	OK	OK
Julia Stead	18:31:20	19:14:02	42:42	18:37:18	OK	OK
Vicky L Chapman	18:36:00	19:18:11	42:11	18:37:49	OK	OK
Pam Hemingway	18:37:20	19:18:56	41:36	18:38:24	OK	OK
Norma Leckie	18:39:00	19:20:09	41:09	18:38:51	OK	OK
Lucy Boothby	18:40:20	19:21:15	40:55	18:39:05	OK	OK
Pauline Eastoe	18:37:00	19:17:43	40:43	18:39:17	OK	OK
John Willcock	18:36:20	19:16:42	40:22	18:39:38	OK	OK
Karen Childerley	18:37:40	19:17:42	40:02	18:39:58	OK	OK
Simon Deacon	18:44:20	19:23:27	39:07	18:40:53	OK	Exceeded
Michaela Ridley	18:38:40	19:17:11	38:31	18:41:29	OK	OK
Michelle Byatt	18:41:20	19:19:51	38:31	18:41:29	OK	OK
Jason Street	18:40:20	19:18:10	37:50	18:42:10	OK	OK
Steph Williams	18:44:20	19:22:05	37:45	18:42:15	OK	Exceeded
Allison Farrer	18:41:40	19:19:17	37:37	18:42:23	OK	OK
Liz Hiner	18:42:20	19:19:26	37:06	18:42:54	OK	OK
Netta Tyler	18:42:40	19:19:45	37:05	18:42:55	OK	OK
Tina Blackwell	18:43:20	19:19:28	36:08	18:43:52	OK	OK
Andy Anderson	18:45:00	19:20:47	35:47	18:44:13	OK	OK
Matt Gooderham	18:45:40	19:19:33	33:53	18:46:07	OK	OK
Stuart Entwistle	18:47:00	19:19:44	32:44	18:47:16	OK	OK
Naomi Goldsmith	18:46:40	19:19:00	32:20	18:47:40	OK	OK
James Bolm	18:47:20	19:19:07	31:47	18:48:13	OK	OK
Ruth Chamberlain	18:50:00	19:21:37	31:37	18:48:23	OK	OK
Simon Boothby	18:49:40	19:20:00	30:20	18:49:40	OK	OK
Malcolm Pritchard	18:45:00	19:14:45	29:45	18:50:15	OK	OK
Keith Ritchie	18:51:00	19:20:31	29:31	18:50:29	OK	OK
Karl Hiner	18:51:20	19:20:18	28:58	18:51:02	OK	OK
Paul Ridley	18:51:00	19:19:29	28:29	18:51:31	OK	OK
Keith Pritchard	18:51:20	19:19:48	28:28	18:51:32	OK	OK

January

February

These two constraints are not applicable for the run in January irrespective of the comments in the cells because all runners were setting their true handicap time for the series.

If there is a comment in the 10% Max or 30 Secs Max cells, you will have had your next months start  
**10% Max** - Your time that you took this month was more than 10% longer than last time. Previous start times were used for the next month.  
**30 Secs Max** - Your time that you took this month was more two minutes slower than the previous month. Previous start times were used for the next month.  
 See detailed rules in "Document Library" for more information on either of these two constraints.