

February Handicap Results

Name	Start Time	Projected Time	Finish Time	Race Time
<i>Simon Bellwood</i>	<i>18:46:00</i>	<i>34:00</i>	<i>19:16:47</i>	<i>30:47</i>
<i>Alison Cooper</i>	<i>18:44:00</i>	<i>36:00</i>	<i>19:16:51</i>	<i>32:51</i>
Pam Hemingway	18:38:24	41:36	19:17:44	39:20
Norma Leckie	18:38:51	41:09	19:18:00	39:09
Becky Hull	18:34:55	45:05	19:18:23	43:28
Lucy Boothby	18:39:05	40:55	19:18:33	39:28
Matt Gooderham	18:46:07	33:53	19:18:36	32:29
Annabel Thompson	18:36:41	43:19	19:18:50	42:09
<i>Tom Hemingway</i>	<i>18:48:18</i>	<i>31:42</i>	<i>19:18:51</i>	<i>30:33</i>
Steph Williams	18:42:15	37:45	19:19:01	36:46
<i>Ollie McGlashan</i>	<i>18:51:00</i>	<i>29:00</i>	<i>19:19:06</i>	<i>28:06</i>
Netta Tyler	18:42:55	37:05	19:19:16	36:21
Stuart Entwistle	18:47:16	32:44	19:19:24	32:08
John Willcock	18:39:38	40:22	19:19:25	39:47
Paul Ridley	18:51:31	28:29	19:19:27	27:56
Keith Ritchie	18:50:29	29:31	19:19:43	29:14
Keith Pritchard	18:51:32	28:28	19:19:51	28:19
Michelle Byatt	18:41:29	38:31	19:19:53	38:24
<i>Phil Redden</i>	<i>18:50:20</i>	<i>29:40</i>	<i>19:19:58</i>	<i>29:38</i>
Tina Blackwell	18:43:52	36:08	19:20:08	36:16
<i>Rob Parker</i>	<i>18:49:40</i>	<i>30:20</i>	<i>19:20:14</i>	<i>30:34</i>
Jen Menton	18:34:19	45:41	19:20:46	46:27
<i>David Irwin</i>	<i>18:48:00</i>	<i>32:00</i>	<i>19:21:04</i>	<i>33:04</i>
Caroline Freeman	18:36:54	43:06	19:21:22	44:28
Michaela Ridley	18:41:29	38:31	19:21:31	40:02
<i>Diane Prout</i>	<i>18:47:00</i>	<i>33:00</i>	<i>19:21:40</i>	<i>34:40</i>
Liz Hiner	18:42:54	37:06	19:22:11	39:17
<i>Paul Meadows</i>	<i>18:49:40</i>	<i>30:20</i>	<i>19:22:24</i>	<i>32:44</i>

[Names and times in red are those runners who have set their time today. They can only qualify for one point irrespective of finishing position.]

Many thanks to everyone who turned out this evening. There were 29 starters and 28 finishers with Karen Childerley pulling out because of an ongoing shin injury. Most runners actually improved on their times set in January (that is everyone who finished before 19:20:00) with only five taking slightly longer this month.

Next month's start times will be based upon today's finish (for those that ran today and if not will be based upon January's finish time). Anyone that finished before 19:20:00 will have their start time reduced by the amount they improved. Anyone who finished after 19:20:00 will have their start time extended by 25% of the time they took beyond 19:20:00 subject to a maximum increase of 30 seconds.

Pam, Norma and Becky all finishing around two minutes quicker than in January get their headstart reignited – so well done to them – this is a just reward for good performance. Also well done to Paul Ridley who had the fastest time and because he took 33 seconds off his previous time has the honour of starting last by a margin of ten seconds next month.